

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	Breast – Gynaecomastia Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	<p>Covers</p> <ul style="list-style-type: none"> • Surgical correction of gynaecomastia. <p>Out of Scope:</p> <ul style="list-style-type: none"> • Surgical correction of gynaecomastia caused by medical treatments
Cohort:	Patients with gynaecomastia.
Other relevant Clinical Policy	TBC

Treatments routinely funded:	None under this policy
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Treatments not funded:	Surgical correction of gynaecomastia.
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Rationale:

Surgery for gynaecomastia is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; cosmetic procedures undertaken primarily to improve appearance are therefore not normally funded.

IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:**ICD-10: N62.X – Hypertrophy of breast (includes gynaecomastia).**

Policy document record:	Breast – Gynaecomastia Version: v1.0
Ratification date:	1st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK).
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.