

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	Breast – Mastopexy (breast lift) Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	<p>Covers</p> <ul style="list-style-type: none"> • Mastopexy (breast lift) where the primary purpose is cosmetic/aesthetic improvement. <p>Out of scope:</p> <ul style="list-style-type: none"> • Emergency treatment • Oncoplastic/reconstructive breast surgery undertaken for the treatment or prevention of breast cancer • Breast reconstruction following major trauma/burns or other clinically necessary reconstruction pathways • Gender dysphoria surgical services (specialised commissioning)
Cohort:	Patients requesting mastopexy where the primary objective is to improve appearance.
Other relevant Clinical Policy	TBC

Treatments routinely funded:	None under this policy
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Treatments not funded:	The ICB will not normally fund mastopexy (breast lift) where the primary purpose is cosmetic/aesthetic.
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Rationale:	
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Mastopexy for cosmetic reasons is a low clinical priority intervention. NHS commissioning prioritises treatments that address clinical need or restore function; cosmetic breast lift procedures are therefore not normally funded.

IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:

OPCS: B31.3 Mastopexy

Policy document record:	Breast – Mastopexy (breast lift) Version: v1.0
Ratification date:	1st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK).
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.