

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	CosmeticPlastics - Body Contouring Surgery (cosmetic) – excluding abdomen Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	<p>Covers</p> <ul style="list-style-type: none"> • All body contouring surgery undertaken primarily to improve appearance. • Applies to all anatomical sites except the abdomen. <p>Out of Scope:</p> <ul style="list-style-type: none"> • All body contouring surgery for abdominal procedures (e.g., abdominoplasty, apronectomy).
Cohort:	Patients seeking body contouring surgery for cosmetic or aesthetic reasons.
Other relevant Clinical Policy	CosmeticPlastics - Abdominoplasty, apronectomy.

Treatments routinely funded:	None under this policy.
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Treatments not funded:	Any non-abdominal body contouring procedure undertaken solely for cosmetic or aesthetic reasons.
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Rationale:	Cosmetic body contouring is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; cosmetic procedures undertaken primarily to improve appearance are therefore not normally funded.
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IFR Statement Clinical Exceptionality:	
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Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:

Policy document record:	CosmeticPlastics - Body Contouring Surgery (Cosmetic) – excluding abdomen. Version: v1.0
Ratification date:	1st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK).
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.