

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	Gynaecology - Dilatation and Curettage (D&C) for Heavy Menstrual Bleeding Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	Covers <ul style="list-style-type: none"> Dilatation and Curettage (D&C) requested for diagnosis and/or elective treatment of heavy menstrual bleeding (HMB)
Cohort:	People with heavy menstrual bleeding where D&C is being considered to investigate the cause and/or reduce bleeding.
Other relevant Clinical Policy	TBC

Treatments routinely funded:	None under this policy. Investigation and management should follow NICE NG88 (e.g. ultrasound and/or hysteroscopy with biopsy where indicated; medical treatment and/or intrauterine system where appropriate).
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Treatments not funded:	The ICB will not normally fund dilatation and curettage (D&C) for the diagnosis or treatment of heavy menstrual bleeding.
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Rationale:	Dilatation and curettage for heavy menstrual bleeding is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; D&C is clinically ineffective for diagnosing or treating heavy menstrual bleeding and is therefore not normally funded.
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IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:**OPCS-4:** Q10.3, Q10.8**ICD-10:** N92.0, N92.1, N92.2, N92.4, N95.0

Policy document record:	Gynaecology - Dilatation and Curettage (D&C) for Heavy Menstrual Bleeding Version: v1.0
Ratification date:	1 st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK)
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.