

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	Dermatology – Hyperhidrosis - Endoscopic Thoracic Sympathectomy (ETS) Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	<p>Covers</p> <ul style="list-style-type: none"> • Requests for endoscopic thoracic sympathectomy (ETS) for hyperhidrosis <p>Out of scope:</p> <ul style="list-style-type: none"> • Other hyperhidrosis treatments (e.g. topical treatments, oral anticholinergics, botulinum toxin, laser sweat ablation, retrodermal curettage), which are managed under the wider hyperhidrosis pathway
Cohort:	Patients with hyperhidrosis for whom ETS is being requested.
Other relevant Clinical Policy	TBC

Treatments routinely funded:	None under this policy.
-------------------------------------	-------------------------

Treatments not funded:	The ICB will not normally fund endoscopic thoracic sympathectomy (ETS) for hyperhidrosis.
-------------------------------	---

Rationale:	Endoscopic thoracic sympathectomy for hyperhidrosis is considered a low clinical priority intervention. NHS commissioning is focused on interventions that provide clear clinical benefit and restore function with an acceptable risk profile; ETS is therefore not normally funded due to the significant risk of adverse outcomes, including irreversible compensatory hyperhidrosis.
-------------------	--

IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:

OPCS: A752 (Excision of thoracic sympathetic nerve); A759 (Unspecified excision of sympathetic nerve)

ICD-10: R61; R610; R611; R619

Policy document record:	Dermatology – Hyperhidrosis - Endoscopic Thoracic Sympathectomy (ETS) Version: v1.0
Ratification date:	1 st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK)
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.