

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	CosmeticPlastics - Laser treatment for all skin conditions Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	<p>Covers</p> <ul style="list-style-type: none"> • Laser treatment for cosmetic reasons for any skin condition, including hirsutism, rosacea, acne vulgaris and tattoo removal <p>Out of Scope:</p> <ul style="list-style-type: none"> • Laser treatment required for clinical reasons as part of a treatment package (e.g., post-cancer reconstructive care, progressive congenital vascular malformations such as port-wine stains)
Cohort:	Individuals requesting laser treatment for any skin condition for cosmetic or aesthetic purposes
Other relevant Clinical Policy	CosmeticPlastics - Hair and Hirsutism – removal of abnormally placed hair v1.0

Treatments routinely funded:	None under this policy
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Treatments not funded:	Laser treatment for any skin condition undertaken solely to improve appearance
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Rationale:	
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Laser treatment for any skin condition for cosmetic purposes is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; cosmetic procedures undertaken primarily to improve appearance are therefore not normally funded.

IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:

Policy document record:	CosmeticPlastics - Laser treatment for all skin conditions Version: v1.0
Ratification date:	1 April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK).
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.