

**Programme Title: Clinical Policies**

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

**Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire**

<b>Title of policy and version:</b>	<b>Neurology - Bobath Therapy (Intensive Neurodisability Therapies)</b>  Version: v1.0
<b>Commissioning position:</b>	This intervention is NOT NORMALLY FUNDED by the ICB
<b>Scope:</b>	<p><b>Covers</b></p> <ul style="list-style-type: none"> <li>• Requests for Bobath therapy or similar intensive neurodisability programmes</li> <li>• Includes referral for assessment and/or treatment at Bobath centres or equivalent providers</li> </ul> <p><b>Out of scope:</b></p> <ul style="list-style-type: none"> <li>• Routine therapy services commissioned within standard neurodisability pathways.</li> </ul>
<b>Cohort:</b>	Children and young people with cerebral palsy or similar neurodisability conditions.
<b>Other relevant Clinical Policy</b>	TBC

<b>Treatments routinely funded:</b>	None under this policy.
-------------------------------------	-------------------------

<b>Treatments not funded:</b>	Bobath therapy and similar intensive neurodisability programmes are not normally funded.
-------------------------------	--

<b>Rationale:</b>	Therapy is essential for the management of cerebral palsy and other neurodisabilities; however, evidence shows limited clinical benefit and cost-effectiveness for Bobath (neurodevelopmental) therapy,
-------------------	---

and systematic reviews do not recommend Neurodevelopmental Therapy over standard approaches). NHS commissioning is focused on interventions that treat disease or restore function and provide value for money; intensive Bobath therapy is therefore considered a low clinical priority and is not normally funded by the ICB.

**IFR Statement Clinical Exceptionality:**

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

**Coding list:**

Policy document record:	Neurology - Bobath Therapy (Intensive Neurodisability Therapies) Version: v1.0
Ratification date:	1 <sup>st</sup> April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK)
Planned review date:	TBC

**Document Environmental Impact statement:**

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.