

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

Cambridgeshire, Peterborough, Bedfordshire, Luton, Milton Keynes and Hertfordshire

Title of policy and version:	Orthopaedics - Exogen® Bone Healing System - fresh fractures Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB
Scope:	Covers <ul style="list-style-type: none"> Use of the Exogen® low-intensity pulsed ultrasound bone healing system for fresh fractures, including those at low or high risk of non-healing
Cohort:	Adults with fresh fractures, including fractures considered at increased risk of delayed or non-union.
Other relevant Clinical Policy	TBC

Treatments routinely funded:	None for fresh fractures.
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Treatments not funded:	The ICB will not normally fund Exogen® for the treatment of fresh fractures, including: <ul style="list-style-type: none"> Fresh fractures at low risk of non-healing Fresh fractures at high risk of non-healing
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Rationale:	Exogen® therapy for fresh fractures is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; evidence does not demonstrate clinical benefit from low-intensity pulsed ultrasound in promoting healing of fresh fractures, and it is therefore not normally funded.
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IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process'

Coding list:

Policy document record:	Orthopaedics - Exogen ® Bone Healing System - fresh fractures Version: v1.0
Ratification date:	1st April 2026
Record of significant change:	v1.0 – New harmonised policy for Central East ICB, based on predecessor ICB policies (C&P, HWE, BLMK)
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.