

Programme Title: Clinical Policies

Clinical Policies aim to prevent avoidable harm to patients by only offering treatments on the NHS that are evidence-based, clinically safe and effective, as well as cost effective and a good use of resources.

**Central East****Integrated Care Board**

**Cambridgeshire, Peterborough, Bedfordshire, Luton,
Milton Keynes and Hertfordshire**

Title of policy and version:	CosmeticPlastics - Liposuction for Other Indications (not Lymphoedema or Lipoedema) Version: v1.0
Commissioning position:	This intervention is NOT NORMALLY FUNDED by the ICB.
Scope:	Covers • Liposuction requested for indications other than those listed as out of scope Out of scope: • Patients who require liposuction adjunct to clinically necessary reconstructive surgery or other surgical procedures, such as when required to thin flaps or in breast reconstruction. • To treat Lymphoedema or Lipoedema. (See separate policy)
Cohort:	Patients seeking liposuction for indications other than lymphoedema, lipoedema or as part of reconstructive surgery including for cosmetic reasons and local contouring with areas of local fat atrophy or pathological hypertrophy, e.g., lipomatosis or lipodystrophy
Other relevant Clinical Policy	Liposuction for Lymphoedema Liposuction for Lipoedema

Treatments routinely funded:	None under this policy
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Treatments not funded:	The ICB will not fund liposuction for cosmetic/aesthetic improvement.
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Rationale: Cosmetic Liposuction is considered a low clinical priority intervention. NHS commissioning is focused on interventions that treat disease or restore function; cosmetic procedures undertaken primarily to improve appearance are therefore not normally funded.

IFR Statement Clinical Exceptionality:

Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.

Coding list:

Policy document record:	CosmeticPlastics - Liposuction for Other Indications (not Lymphoedema or Lipoedema)
Ratification date:	September 11 th 2026
Record of significant change:	v1.0 – New harmonised policy for the ICB area, based on predecessor ICB policies (C&P, HWE, BLMK).
Planned review date:	TBC

Document Environmental Impact statement:

Neutral environmental impact. Policy to be shared and stored electronically where possible; if printed, use double-sided printing and minimal copies.