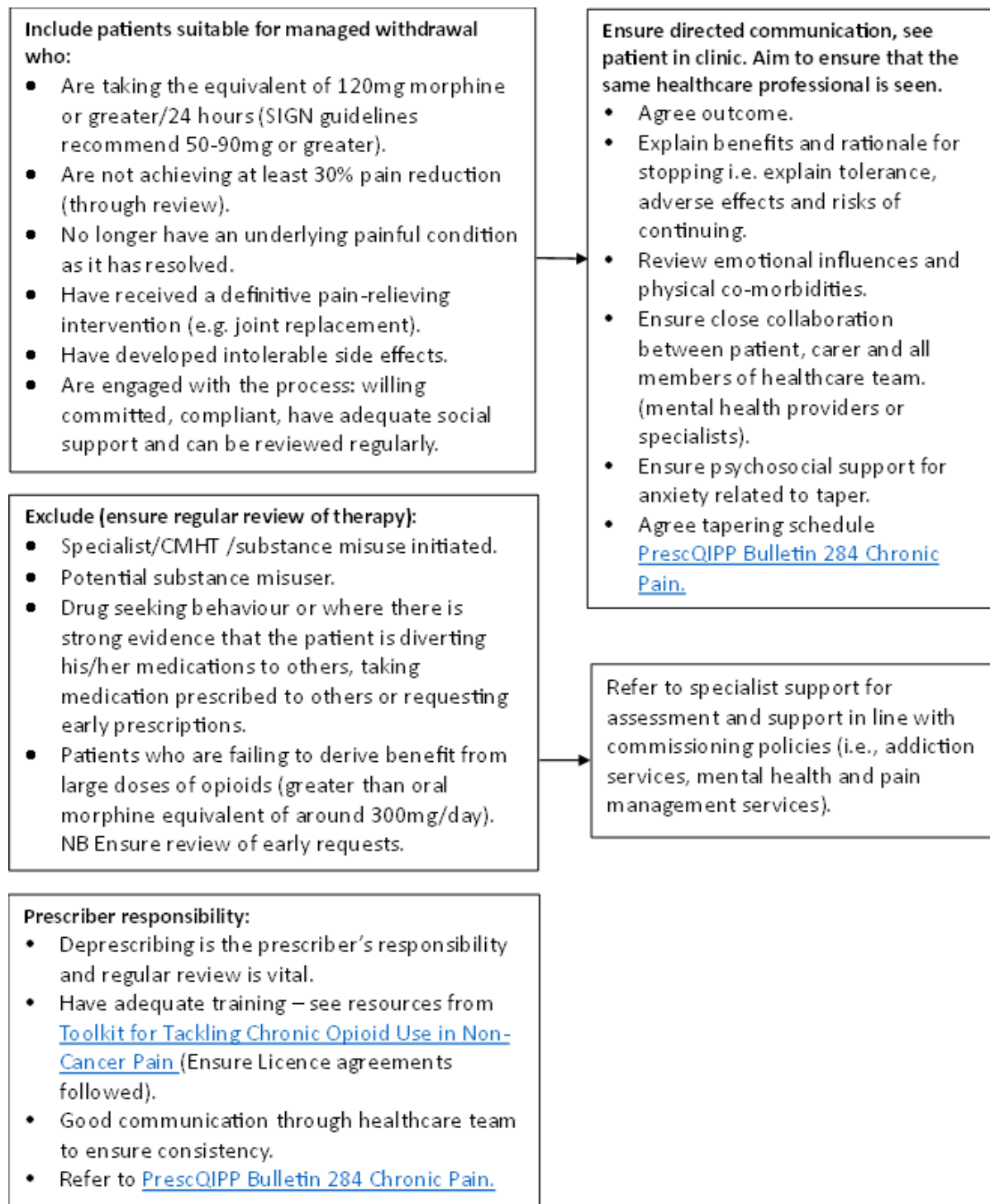
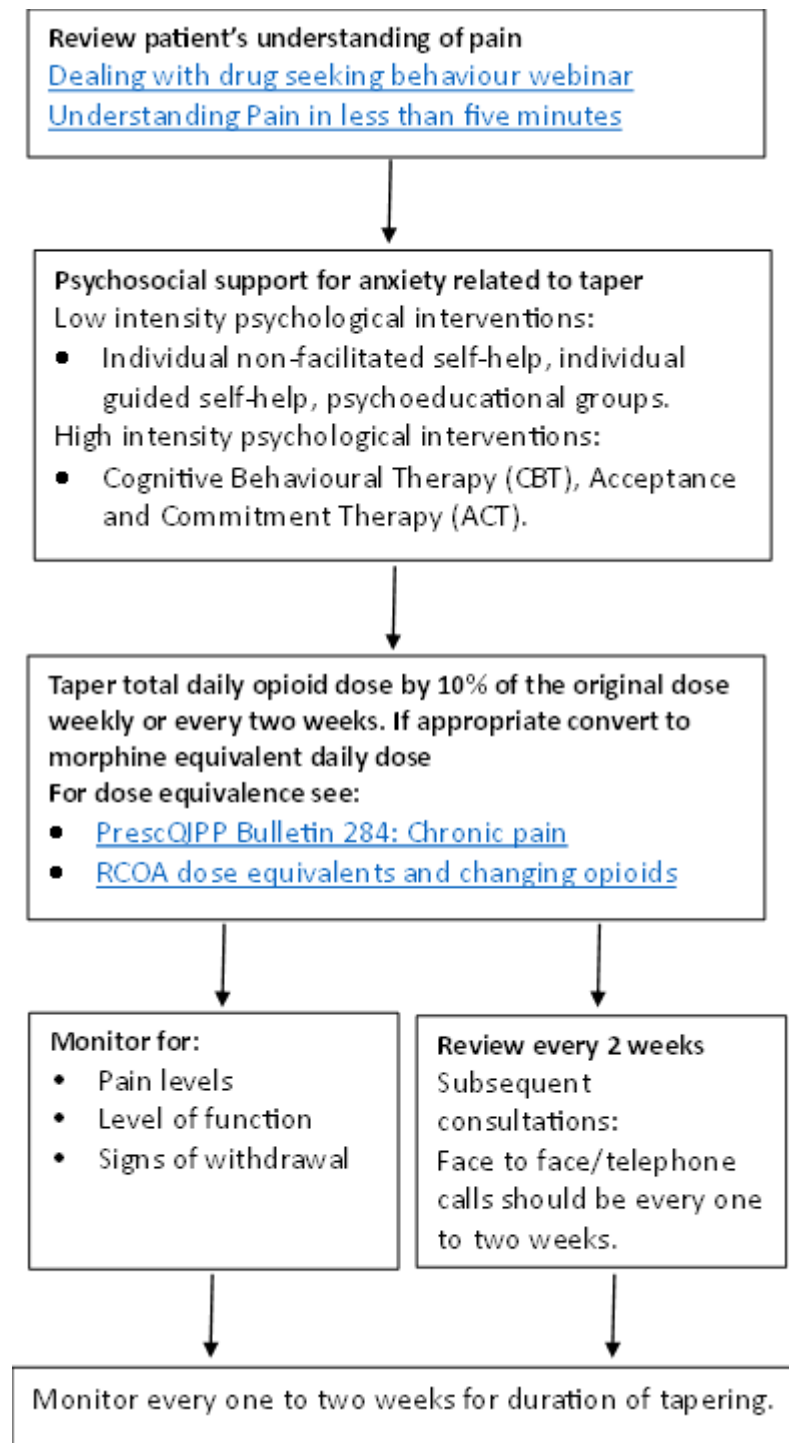


Dependence Forming Medicines Deprescribing Algorithm

Opioid analgesics on repeat prescription (greater than 3 months) Dependence Forming Medicines (DFM) deprescribing algorithm



Opioid analgesics on repeat prescription (greater than 3 months) Dependence
Forming Medicines (DFM) deprescribing algorithm



PrescQIPP resources

- [PrescQIPP Opioids aware audit webinar.](#)
- [PrescQIPP Opioid aware webinars.](#)
- [PrescQIPP Bulletin 284: Chronic pain.](#)
- [PrescQIPP Silver Award Winner 2019 - 'Blue-folder clinics to facilitate reduction of inappropriate opioid, pregabalin, hypnotic and benzodiazepine prescribing to improve patient outcomes' \(East Norfolk Medical Practice\).](#)
- [PrescQIPP Annual Award Winner 2019 - High dose opiate reduction in Great Yarmouth and Waveney CCG.](#)
- [Reducing Opiate prescribing in Pain \(NHS Great Yarmouth and Waveney CCG\).](#)

Other resources (for prescribers and patients)

- [Toolkit for Tackling Chronic Opioid Use in Non-Cancer Pain](#) (Ensure license agreements followed).
- [RCOA dose equivalents and changing opioids.](#)
- [CDC Pocket Guide: Tapering Opioids for Chronic Pain.](#)
- [Pain Concern's Navigator Tool.](#)
- [Opioid Risk Tool to assess risk of abuse.](#)
- [ACT: Acceptance and Commitment Therapy.](#)

References

1. Faculty of Pain Medicine. Supported by Public Health England. [Opioids Aware: A resource for patients and healthcare professionals to support prescribing of opioid medicines for pain.](#)
2. Scottish Intercollegiate Guidelines Network. [Management of Chronic Pain. SIGN 136](#) December 2013. Revised August 2019.
3. National Institute for Health and Care Excellence. [CG113 Generalised anxiety disorder and panic disorder in adults: management.](#) Jan 2011, updated June 2020.

Document ratification details

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