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System-Wide Guidelines for the Prescribing of Stoma Appliances and Accessories

New stoma patients will be discharged from hospital with at least 2 weeks supply of products.

They will have contact with a Specialist Stoma Care Nurse within 7-14 working days of discharge. The nurse will support the patient to decide on the most appropriate supply route for their appliance products; Community Pharmacy, Dispensing GP or Dispensing Appliance Contractor (DAC).

On discharge all new stoma patients are assessed dependent on co-morbidities, mobility, access to transport etc., to receive post-operative follow up care either by a community stoma care nurse attached to a DAC or to be seen by the stoma care team in the trust outpatient department.

For the first 6 weeks the patients' stoma requirements may change as the healing process continues and prescriptions within this time will be requested according to need.

General information

All prescriptions for stoma appliances and accessories should be issued on a monthly basis and in line with local prescribing guidelines.

Prescriptions requested retrospectively by dispensing appliance contractors should not be issued (unless the prescriber has agreed to an emergency supply). See [Guidelines for Issuing Prescriptions for Incontinence and Stoma Appliances](#)

If over-ordering is noted, patients should be referred to their Stoma Care Nurse for assessment.

New appliance or accessory requests must be approved by a stoma care nurse before being prescribed. Patients who request items from the list of products that [should not be routinely prescribed](#), must be referred to a stoma nurse before a prescription is issued.

The Stoma Nurses in conjunction with the Cambridgeshire and Peterborough Joint Prescribing Group have devised a limited **formulary for stoma accessories**: these are regarded as clinically and cost-effective choices.

Stoma bags (pouches) and flanges need to be individually tailored and hence cannot be included in a formulary. For these prescriptions, **GP practices should check the quantities being requested are reasonable**.

Patients should be reviewed regularly when needed to ensure products remain fit for purpose. All new patients will be assessed for their product needs within the first year, the most significant changes to product use would be in the first 6 weeks. After one year, product use would only be altered if medical need or circumstance change, in line with the local formulary.

Once a stoma is “closed”, all stoma products and appliances should be removed from acute or repeat prescription templates.

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PRODUCTS THAT SHOULD **NOT** ROUTINELY BE PRESCRIBED IN PRIMARY CARE

Products that should not routinely be prescribed	Recommendations
Deodorants	• If a bag is fitted correctly, there should be no odour except during the change to a new bag or emptying of a drainable pouch. • If there is odour, that may indicate a problem with fitting and the patient should be referred to the Stoma Care Nurse for review. • Deodorants should not be prescribed; household air fresheners or odour neutralisers should be sufficient. Mini versions of air fresheners and neutralisers are available which may be more appropriate. Patients should be advised to buy them if required. • Adhesive removers with a fragrance should not be used primarily as a deodorant, as these are not clinically necessary
Lubricating products	• Not clinically necessary. • A few drops of baby oil or olive oil can be used instead (available Over The Counter). • Lubricating products with a fragrance are also not clinically necessary.
Skin cleansers	• Not clinically necessary.
Level 1 & 2 stoma belts	• There is No clinical evidence to support the use of these. If needed they can be purchased if the patient wishes. These include: ○ Briefs, shorties, boxer shorts, pantie girdles, trunks, Pants or vests ○ High waisted or pocketed underwear ○ Ostomy intimacy underwear
Filters, cotton bag/pouch covers and bag closures	• Filters, bag covers, and bag closures are now integral parts of modern stoma appliances. • Some appliances are available with integral bag covers in different colour options. This is not a reason to prescribe on the NHS. • Patients requiring filters, bag covers, and closures should be referred to stoma nurse to determine if a more suitable product is available
Bridges	• Stoma bridges are not normally justified. • If pancaking is a concern, refer patient to a Stoma Care Nurse.
Disposable gloves	• Gloves are not necessary for a person caring for their own stoma. • If gloves are required by a healthcare professional or employed carer, it is the responsibility of the employer to provide for their staff. • Gloves should only be provided on FP10 for non-professional carers (i.e. family or friends) if advised as necessary by the Stoma Care Nurse.

Bags:

Establish type of stoma first- Ileostomy, Colostomy, Urostomy

Product	Quantity per month (max)	Further information
Ileostomy - bag	30	Drainable bag, changed daily
Colostomy -bag	90	Changed up to 3 x daily
Urostomy - bag	30	Drainable and changed daily
Urostomy - night bag	4	Changed weekly unless in a care home setting or UTI - then use single-use bags and change nightly.
"Two piece" bag system		If bag description says, "two piece", there will also be a flange or base plate. Can change bag more frequently than flange, but if changing flange, then also change bag. Change base plate /flange every 2-3 days.

Usual Accessories:

Product	Quantity per month (max)	Further information
Skin protector	30 wipes	Used a maximum of once a day even if the bag is changed more frequently. Only needed if skin is sore. SHORT TERM USE – ACUTE PRESCRIPTION ONLY
Medical adhesive remover spray	1-3 x 50ml sprays	Used to prevent skin-stripping, keeping surrounding skin in good condition. 1 bottle per 30 bags
Adhesive remover wipes	Same as number of bags	Quantity needed is the same as bag quantity. Used to prevent skin stripping, keeping surrounding skin in good condition.
Adhesive Paste	2 x 60g tubes	Only by recommendation by stoma nurse Used for extra security to create level site for bag - quantity can vary - depending on how often bag is changed. Occasionally stoma team may recommend more than 2 x 60g tubes per month
Protective powder	Not for regular use	Used on wet moist areas /wet excoriated skin. Regular use would indicate need for review. SHORT TERM USE – ACUTE PRESCRIPTION ONLY

Extra items needed in individual cases.
(SPECIALIST ADVICE OF STOMA CARE TEAM ONLY)

Product	Quantity per month (max)	Further information
Stoma washer/seal /ring	30-60	If stoma is in a tricky position, or flat. To fill creases or aid wear time 1 per bag
Hydrocolloid flange extender	120-180	To help adhesion if the stoma is large or has an undulating surface area, such as a hernia. For extra confidence and security
Hernia supportive belts and support underwear Level 3 support	 Max of 3 in 12 months	Washable. Hernia prevention wear or management of hernia (support wear) will be prescribed on an individual basis – after specific measurement of requirements by the Stoma Care Nurse/specialist fitter (<i>acute prescription only</i>) - For newly initiated patients 1 belt should be prescribed (Acute prescription) to ensure compliance before adding to the patients repeat template - For patients requiring on-going prescriptions 1 belt is recommended to be added to the patients repeat template with a maximum issue of 3 for the duration of 12 months. - Maximum annual quantity of 3 is based on having one to wear, one in the wash and one for spare - Patients exceeding maximum annual quantities should be advised to purchase any additional garments from specialist ostomy manufacturers.
Convex/elastic stoma belts		Washable. Elastic Belts are used to support convex products and should not be confused with Hernia support belts.
Cap	30	Only for mucus fistulas/colostomies

Accessories Formulary

ADHESIVE REMOVERS (SPRAYS, LIQUIDS, WIPES)

Either Spray or wipes should be on repeat prescription if clinically required not both

Adhesive remover sprays

(Majority of patients require a maximum of 3 x 50ml per month)

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
StoCare Remove Medical Adhesive Remover Spray	STC 100	50ml	Rhodes Pharma Ltd	£4.90
Lift Plus 360 (plain - citrus)	5506 or 5507	50ml	Opus	£5.30
Easispray	083-01	50ml	Dansac	£7.20

Adhesive remover wipes

Please note different pack sizes

Quantity of individual wipes needed is same as bags quantity.

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
StoCare adhesive remover wipes	STC 200	30	Rhodes Pharma Ltd	£8.45
Medicare lifteez	60321	30	Medicareplus International Ltd	£8.50

SKIN PROTECTORS

Either sprays or wipes should be on repeat prescription if clinically required, not both.

Acute Prescription Only – regular use should flag review needed by Stoma Care Nurse

Used maximum of once a day even if the bag is changed more frequently.

Only needed if skin is sore.

Skin protector sprays

Maximum monthly quantity 1-2 pump sprays depending on pack size.

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
StoCare Protect Barrier Film Spray	STC 150	50ML	Rhodes Pharma Ltd	£7.35
Clinishield	3831	50ml	Clinimed	£8.44
Pelican Platinum with Vitamin E Barrier Film Spray	130200E	50ml	Pelican Healthcare Ltd	£10.15

Skin Protector Wipes

Maximum monthly quantity 1 x pack of wipes.

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
StoCare Protect Barrier Film Wipes	STC250	30	Rhodes Pharma Ltd	£12.90
Clinishield	3829	30	Clinimed	£19.65

ADHESIVE PASTES

Used for extra security to create level site for bag - quantity can vary - depending on how often the bag is changed. Useful in high output ileostomies, aids adhesion. A good seal will prevent seals and bags being replaced more frequently.

Maximum monthly quantity 3 x 60g

More than this should be on the recommendation of the Stoma Team only.

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Soft Paste	77550-0	60g	Dansac Ltd	£4.17
Adapt Paste	79300	60g	Hollister Ltd	£4.47
Brava Paste	12050	60g	Coloplast Ltd	£6.99
Salts Stoma No-Sting Paste	NSP1	60g	Salts Healthcare	*£7.83
Stomahesive	183910 (previously S105)	60g	ConvaTec Ltd	*£8.59

*Required for complex stoma patients – on the recommendation of the Stoma Team

SKIN PROTECTION POWDERS AND PASTES

Acute Prescription Only – regular use should flag review needed by Stoma Care Nurse

Used on wet moist areas /wet excoriated skin.

Short term use

Maximum one tube every 3-6 months

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Brava Ostomy Powder	1907	25g	Coloplast Ltd	£2.67
Esenta Orahesive Powder (Previously Orahesive powder)	025535 (previously S106)	25g	ConvaTec Ltd	£2.75
Adapt Stoma Powder	7906	1 (28.3g)	Hollister Ltd	£2.98

DISCHARGE SOLIDIFYING AGENTS

To thicken up contents in stoma pouch without need for medication.

1-2 sachets per effluent

Maximum 1 box per month.

More than this should be on the recommendation of the Stoma Team only.

INITIATION ONLY ON SPECIALIST ADVICE OF STOMA CARE TEAM

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Absorbagel Sachets	150 9900	140	OPUS healthcare	£49.83

Extra items needed in individual cases, on the advice of the Stoma Team only.

FLANGE EXTENSIONS

To help adhesion if large stoma or large undulating peristomal area.

Assists confidence and security.

SPECIALIST ADVICE OF STOMA CARE TEAM ONLY

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Salts Flange Extender with Aloe	SPHA2	30	Salts Healthcare	£14.60 (49p per strip) Need 3 per bag

Dansac X-tra Strips Barrier Extenders	075-30	30	Dansac Ltd	£20.74 (69p per strip) Need 3 per bag
Brava Elastic tape	12070	20	Coloplast Ltd	£14.30 (72p per strip) Need 2 per bag.
	12076 (XL for hernias)	20	Coloplast	£16.83 (84p per strip) Need 2 per bag.

SEALS

Moulds into peristomal creases, and dips. Helps prevent flange deterioration and therefore increases wear time, prevents leaks and prevents sore skin.

SPECIALIST ADVICE OF STOMA CARE TEAM ONLY

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Brava protective strip 2.5mm	18-48mm: 12035	30	Coloplast Ltd	£63.53 (£2.12 per seal)
	18-57mm: 12036			£67.08 (£2.24 per seal)
	18-64mm: 12038			£68.39 (£2.28 per seal)
	27-57mm: 12037			£65.83 (£2.19 per seal)
	34-64mm: 12039			£67.15 (£2.24 per seal)
	18-76mm: 12032			£74.45 (£2.48 per seal)
	27-76mm: 12033			£74.45 (£2.48 per seal)
Brava Protective Seal 4.2mm	18-48mm: 12045	30	Coloplast Ltd	£64.52 (£2.15 per seal)
	18-57mm: 12046			£69.05 (£2.30 per seal)
	18-64mm: 12048			£70.68 (£2.36 per seal)
	27-57mm: 12047			£67.81 (£2.26 per seal)
	34-64mm: 12049			£69.45 (£2.32 per seal)
Adapt Barrier Rings	48mm: 7805	10	Hollister Ltd	£20.30 (£2.03 per seal)
CeraPlus Ostomy Barrier Ring	48mm: 8805			£25.35 (£2.54 per seal)
	48mm slim : 8815			£25.35 (£2.54 per seal)
Option Seals Rings	20mm: WM-500	10	Oakmed	£21.06 (£2.11 per seal)

BELTS

Elastic Convex belts

Elastic belts are used to support convex products and should not be confused with hernia support belts.

- **For newly initiated patients 1 belt should prescribed** to ensure compliance before adding to the patients repeat template

- **For patients requiring on-going prescriptions 1 belt** is recommended to be added to the patients repeat template with a **maximum issue of 3** for the **duration of 12 months**.
 - **Maximum annual quantity of 3** is based on having one to wear, one in the wash and one for spare

Product	Code	Pack Size	Manufacturer	Drug Tariff (Mar 26)
Brava Belt	Standard Size: 0421 XL Size: 0422	1	Coloplast Ltd	£7.58 £7.44
Brava Belt (For SenSura Mio)	Standard Size: 0423 XXL Size: 0424	1	Coloplast Ltd	£7.59 £7.59
System 2 Belt	S210	1	ConvaTec Ltd	£3.93
Dansac Long Ostomy Belt	Beige 150cm: 090-03	1	Dansac Ltd	£8.75
Confidence BE Adjustable Ostomy Belt	Black 100cm: BB01B Stone 100cm: BB01ST White 100cm: BB01W Beige 122cm: AB02	1	Salts Healthcare	£8.54 £8.54 £8.54 £8.54

Hernia Belts – Level 3 ONLY

SPECIALIST ADVICE OF STOMA CARE TEAM ONLY

Hernia prevention wear or management of hernia will be prescribed on an individual basis – after specific measurement of requirements by the Stoma Care Nurse

For Information please see [Cambridgeshire and Peterborough ICB Stoma belts guidance](#)



- **For newly initiated patients 1 belt should prescribed** to ensure compliance before adding to the patients repeat template
- **For patients requiring on-going prescriptions 1 belt** is recommended to be added to the patients repeat template with a **maximum issue of 3** for the **duration of 12 months**.
 - **Maximum annual quantity of 3** is based on having one to wear, one in the wash and one for spare

LUBRICATING DEODORANT GELS

Lubricating products are not normally necessary. A few drops of baby oil or olive oil can be used instead (available OTC).

*Lubricating products with a fragrance are also not routinely required and should only be prescribed on **SPECIALIST ADVICE OF STOMA CARE TEAM ONLY***

ACUTE PRESCRIPTION ONLY

Product	Code	Pack Size	Manufacturer	Drug Tariff (Oct 25)
Glide Odour Neutralising Pouch Lubricant sachet	TCB3	30 x 8ml	Respond Healthcare Ltd	£7.42
Coloplast Brava Lubricating Deodorant	12061	240ml	Coloplast	£9.28

References / Acknowledgements

This guideline has been developed in consultation with the Specialist Stoma Nurses from Cambridgeshire University Hospitals Foundation Trust, Northwest Anglia Foundation Trust and Queen Elizabeth Hospital Kings Lynn and is adapted from NHS Wiltshire CCG Stoma Appliances Guideline and Formulary and with thanks to London Procurement Partnership

Ratification Table

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